


CORPORATE **CIRCLESTEEM**
we take fun seriously



*Corporate training with
a social conscience*



Learn how to find your center
by balancing on a wire



Challenge your equilibrium and fears



Show your strengths and work together above the crowd



Build your coordination
and test your skills



Learn the fine art of humor as a clown. Laugh at yourself and engage others in a new way.



Every aspect of the circus requires
cooperation and communication



Corporate CircEsteem Program

CircEsteem is a non-profit arts program devoted to building self-esteem and team skills through circus arts. We offer half and full-day intensive, experiential workshops by our circus instructors. Participants learn a variety of circus skills, build team dynamics, and challenge their assumed limitations and abilities. All of this skill building culminates in the creation of a circus performance by the participants.

Learning circus skills and producing a show develops team creativity, challenges pre-conceived notions and builds cohesiveness in a unique and hilarious environment. Just like your business, a circus must bring together skills, manage strengths and weaknesses and create an environment of support and trust to produce a show. We tailor workshops to fit your team's needs and goals. CircEsteem's instructors will inspire your group to test limits and reach new heights!

**FULL DAY
EVENT PACKAGE**

- Set Up & Orientation
- Circus Skills I
- Team Building
- Clown Workshop I
- Lunch
- Circus Skills II
- Clown Workshop II
- Costumes & Production
- The Big Show
- Closing Ceremony

**DAY & EVENING
EVENT PACKAGE**

- Set Up & Orientation
- Circus Skills I
- Team Building
- Clown Workshop I
- Lunch
- Circus Skills II
- Clown Workshop II
- Costumes & Production
- Dinner
- Professional Circus Show
- Closing Ceremony

CUSTOM PACKAGES

Custom Packages can be designed for any event, location, budget and fitness level. Some examples include:

- Retreats
- Sales Meetings
- New Staff Team Building
- Office Getaways
- Employee Recognition
- Company/Client Events

Workshop Coaches

CircEsteem's world-class coaching staff includes former members of Cirque du Soleil, Ringling Bros. and the Moscow Circus School. Internationally renowned athletes and performers work with you beginning with your first skill choice (juggling, wheel, or wire), then a clown lesson, finishing with rehearsal, costumes, producing and performing your own big top show! Our coaching teams are tailored to meet your organization's goals during the workshop.



About CircEsteem

CircEsteem was founded in 2001. In its first eight years, it has grown into a half million dollar non-profit organization serving hundreds of youth, families and adults in the Chicagoland area. CircEsteem unites and empowers people from diverse backgrounds by teaching them the skills needed to succeed in life. Specifically, CircEsteem promotes the development of self-esteem, personal success, and empowerment by:

- Promoting the disciplined practice of circus arts
- Providing circus skills training
- Providing performance, educational, and economic job opportunities
- Assisting youth in need with a financial safety net as they seek higher education

CIRCESTEEM'S NOTABLE ACHIEVEMENTS

- ★ Taught circus skills to thousands of people
- ★ Secured \$300,000 in college scholarships for CircEsteem graduates
- ★ Provided employment and valuable job skills to more than twenty youth who mentor younger students, teach and perform circus arts
- ★ Performed thousands of circus shows both locally and internationally

CircEsteem

IN ADDITION WE OFFER:

- Workshops by the hour or day
- Adult Circus classes and sessions for beginners, advanced and professional levels
- Youth curriculums in circus arts: Gym Wheel, Aerial Acrobatics, Juggling, Clowning, Wire, Unicycle and Hula Hoop
- After-school programs as well as educational curriculums for school classes
- Professionally produced circus performances for any special event

Thanks to corporate team building workshops, grants and generous donors, 75% of our youth participate in CircEsteem classes free of charge!





CIRCESTEEM

CircEsteem at Alternatives Inc.

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WHAT A FEW OF OUR WORKSHOP PARTICIPANTS HAVE TO SAY...

“I have participated and coordinated many corporate team building outings for my employers and I have never experienced anything so fun and effective as Corporate CircEsteem! It was relaxing, entertaining and I was really sore... from laughter!” – **LAUREN, *Marketing & Finance***

“This workshop really helped build solid relations with my colleagues. I learned so much about myself and the people I work with. Thank you CircEsteem!” – **CHELSEA, *Community Organizer***

“It was so great for building team cohesion in our office. We definitely learned to take risks with each other and the benefits are obvious.” – **BRIAN, *Director of Human Resources***