

# Winter Class Registration Info

Session 2: January 9 – March 4, 2012



## Important Dates & Info

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### **Registration Paperwork Due** – SAT, December 31, 2011

Please have paperwork and full payment in our office by the above date. **Space is limited** (in some cases, severely). To hold your spot, email <Rachel@CircEsteem.org> or fax (312.528.9206) the last 2 pages (Reg. Form & Waiver) of this document ASAP. Follow up with hard copy and payment either in person or by mail by December 31, 2011. **Your registration is not complete without payment.**

**New Classes Winter Session** – We now offer Aerial classes on Monday and Wednesday afternoons. There will also be an Aerial class later in the day on Saturday that will be open to students in Aerial Arts 1 and 2. We've also added another Chinese Pole class and a Beginner Juggling class.

**New Fees** – Starting in 2012, everyone registering for a class, workshop or camp will need to pay a one-time per year **\$30 Registration Fee** per participant on top of program fees. The Registration Fee reflects the rising cost of our insurance premium for running programming in the circus industry.

**Discounts** – **Avoid the new fee. Register in 2011 and we will waive your Registration Fee.** Paperwork and payment must be received by Saturday, December 31, 2011.

**Returning participants receive a 10% discount when registering with a friend for a CircEsteem class.** Your friend must be new to CircEsteem. Offer valid for classes, not workshops. Discount applies only to the classes you register for together. (If you register for the Whole Enchilada and your friend only registers for Circus Buffet, the discount is applied to Circus Buffet for the two of you.)

**Private Instruction** – Available in most of the disciplines listed in this schedule. For questions or to schedule private classes, please call 312.731.4242.

**Rates:** \$60/hour Single; \$30/hour/student Double; \$25/hour/student Triple

**New Aerial Class for Adults** – We are now offering introductory level Aerial Arts for Adults. Check the registration form and this packet for days and times.

## Class Fees & Policies

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CircEsteem wants to make circus available to all students regardless of financial status. Fees for Saturday Circus Buffet class and HomeWork & CircusWork, PreTeam, CircusTeam are on a sliding scale. Families who can afford to pay the full price are asked to do so. One half of the class fee is considered a tax-deductible contribution as it will underwrite another student's participation. Aerial, Gym Wheel, Tight Wire, Trampoline, Tumbling, and Unicycle classes and other curriculum classes are not eligible for the sliding scale. If you have any questions, please contact Rachel.

There is a 3 participant minimum for all classes. Classes are appropriate for children age 7 and up unless otherwise specified in the class description. **Some classes require pre-requisites** and/or instructor permission. **Most classes have limited enrollment.**

## CircEsteem Mission

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To unite youth from diverse racial, cultural, and economic backgrounds and help them build self-esteem and mutual respect through the practice of circus arts.

This guiding principle is the heart of each and every one of our classes and programs.

## Curriculum Classes

**Tumbling & Mini-Trampoline** – SAT: 8:00 a.m. - 9:00 a.m. \$160 per session

**Pre-requisite:** *Tumbling Level 1 Skill Competency and Instructor Permission*

This class will focus primarily on tumbling. Students will continue working on somersaults, bridges, cartwheels, headstands, and body positions necessary for Mini-Trampoline, Trampoline, and Partner Acrobatics. Strength and flexibility will be emphasized. Part of each lesson will include Mini-Trampoline.

*Instructor: Carlo Gentile*

**Unicycle – Beyond Beginner** – SAT: 8:00 a.m. - 9:00 a.m. \$160 per session

**Pre-requisite:** *Ability to ride unassisted and Instructor Permission*

While Beginner Unicycle focuses on the fundamentals, the Beyond Beginner class will focus on mounts, hops, and idling. Trick mounts, acrobatic riding, one pedal and no pedal tricks will be introduced to more advanced riders. If you can ride across the Youth Center without a spotter, this class is for you.

*Instructor: Sam Sake*

**Aerial Arts Level 2** – SAT: 8:00 a.m. - 9:00 a.m. \$160 per session

**Pre-requisite:** *Aerial Arts Level 1 Skill Competency and Instructor Permission*

Building on the skills introduced in Aerial Arts Level 1, students in this class will focus on more difficult trapeze and fabric tricks, flexibility and grace along with full body strength. This class has an enforced maximum of 8 students. **Register early!**

*Instructor: Lizzy Gifford, Tera McBlaine*

**Aerial Arts Level 1** – SAT: 9:00 a.m. - 10:00 a.m. \$160 per session

**Pre-requisite:** *None*

This class will focus on static trapeze and hanging fabric (silk). Building strength, coordination, and a basic aerialist vocabulary are its goals. This class has an enforced maximum of 8 students. **Register early!**

*Instructors: Lizzy Gifford, Tera McBlaine*

**Chinese Pole** – SAT: 9:00 a.m. - 10:00 a.m. AND SAT: 11:45 a.m. – 1:00 p.m. \$160 per session

**Pre-requisite:** *Tumbling Level 1 Skill Competency and Instructor Permission.* **Thin-soled shoes recommended.**

Unleash your inner monkey. Learn the basic climbs and static holds for Chinese pole. No rosin, no tape, no rubber, no padding. Just cold hard steel. For this introductory class, much of our focus will be on building strength and coordination. Did I forget to mention you're going to be sore, buff, and cool? This class has an enforced maximum of 6 students. **Register early!**

*Instructor: Carlo Gentile*

**Tight Wire** – SAT: 9:00 a.m. - 10:00 a.m. \$160 per session

**Pre-requisite:** *Circus Level 1 or Circus Camp and Instructor Permission.* **Socks.**

Learn wire walking fundamentals. The majority of the instruction will take place 2 feet off the ground. Focus will be on technique and form in order to build the confidence necessary to cross the wire unassisted.

*Instructor(s): TBA*

**Unicycle Beginner** – SAT: 9:00 a.m. - 10:00 a.m. \$160 per session

**Pre-requisite:** *Circus Level 1 or Circus Camp and Instructor Permission.* **Closed-toe shoes.**

Learn to unicycle! The Free Mount, straight line, turns and idling are all possibilities for beginners. This class has an enforced maximum of 8 students. **Register early!**

*Instructors: Colvin Creveling, Sam Sake*

**Circus Buffet** – SAT: 10:00 a.m. - 11:30 a.m. \$160 per session

**Pre-requisite:** *None*

Formerly known as Circus 1, Circus 2 and Beginner/Intermediate Circus. The **Circus Buffet** focuses on the basic principles of circus: balance, coordination and clowning. Curriculum rotates.

*Instructors: Anthony Courser, Carlo Gentile, Brian P. Dailey, Sam Sake*

**Aerial Arts Level 1 & 2** – SAT: 11:45 a.m. - 1:00 p.m. AND WED: 4:00 - 5:00 p.m. \$160 per session

**Pre-requisite:** *none*

This class will focus on static trapeze and hanging fabric (silk). Instruction will be appropriate for students in aerial arts levels 1 and 2. This class has an enforced maximum of 8 students. **Register early!**

*Instructor: Lizzy Gifford*

**Beginner Juggling** **\*\*NEW\*\*** – SAT: 11:45 a.m. - 1:00 p.m. \$160 per session

**Pre-requisite:** *none*.

This class will introduce toss juggling. Ball juggling will be a focus but students may also be exposed to Rings, Clubs, Diabolos, and other throw-able objects. Students will work with Brian to set and accomplish personal goals. Using good technique and finding a personal aesthetic will be stressed. Though this class will emphasize solo work, group work is definitely possible.

*Instructor: Brian P. Dailey*

**Juggling & Manipulation** – SAT: 11:45 a.m. - 1:00 p.m. \$160 per session

**Pre-requisite:** *Solid 3 ball cascade (at least 50 continuous throws-catches). Or Instructor Permission.*

This class will focus on individual skill development in the toss juggling universe. Content could include Balls, Rings, Clubs, Diabolos, and Cigar Boxes. Brian will help students set and accomplish personal goals no matter what the prop. Using good technique and finding a personal aesthetic will be stressed.

*Instructor: Brian P. Dailey*

**Physical Comedy, Performance Technique & Clowning** – SAT: 11:45 a.m. - 1:00 p.m. \$160 per session

**Pre-requisite:** *Generosity. Openness. Imagination. Instructor Permission.*

Through play we will discover what it is to be onstage and in performance! We will learn to embrace our inner silliness as we explore, and celebrate, our impulses: following, giving, receiving, and committing. In addition, we will begin to develop your own personal clown character and how he or she lives, and plays, in a world with other clowns! This class is useful for aerialists, acrobats, jugglers, musicians and comics alike.

*Instructor: Anthony Courser*

**Pure Mini-Trampoline** – SAT: 11:45 a.m. - 1:00 p.m. \$160 per session

**Pre-requisite:** *Safely execute dive roll from mini-tramp. Instructor Permission. Socks.*

Title says it all. What more do you need to know? This is not a beginner level class. Expect to flip. Expect to fly. Expect to sweat.

*Instructor: Sam Sake*

**Stilt Walking** – MON: 4:00 p.m. – 5:00 p.m. \$160 per session

**Pre-requisite:** *None*

Stilt-walking has been part of legends, rituals and festivals from around the world for millennia, especially in celebrations of growth and achievement. Young and old alike gravitate to a stilted character towering above the crowd. That could be you.

*Instructor: Colin Creveling*

**Aerial Web & Hoop** – MON: 4:00 p.m. - 5:00 p.m. \$160 per session

**Pre-requisite:** *Aerial Arts Level 1 Skill Competency and Instructor Permission*

Building on the foundational skills and aerialist vocabulary introduced in Aerial Arts Level 1, this class will introduce similar, but complimentary aerial equipment. As with all other Aerial Arts, flexibility, grace and full body strength will be emphasized.

*Instructor: Lizzy Gifford*

**Adult Aerials** **\*\*NEW\*\*** – MON: 6:00 p.m. – 7:30 p.m. \$200 per session

**Pre-requisite:** *None*

This class will focus on static trapeze and hanging fabric (silk). Building strength, coordination, and a basic aerialist vocabulary are its goals.

*Instructors: Lizzy Gifford*

**Adult Wheel** – WED: 7:30 p.m. - 8:45 p.m. \$180 per session, \$30/class drop-in

**Pre-requisite:** *None*

Hailed as one of the best workouts in Chicago, CircEsteem's Adult Gym Wheel Class is an opportunity for grown-ups to get in on the fun. Adult Gym Wheel is a fun and energizing core workout for people of all levels of fitness.

*Instructor: Sam Sake*

## Performance Track

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**CircusTeam** – M/W: 5:00 p.m. - 7:30 p.m. \$300 per session

**Pre-requisite:** *Invitation*

CircusTeam is CircEsteem's elite performing group. Selection is a privilege bestowed upon those who demonstrate exemplary desire and work ethic indicated by attaining a high level of competency in multiple circus disciplines, both as soloists and as partners.

The purpose of CircusTeam is to create group acts, build upon the advanced circus skills learned at Saturday Circus, and create smaller acts to be used for gigs. Gigs both showcase Chicago's only social circus organization and earn income for its programming and scholarships.

Performance opportunities will be local, regional, national and international.

*Instructors: Anthony Courser, Brian P. Dailey, Carlo Gentile, Orlene Gentile, Lizzy Gifford, Sam Sake*

**PreTeam** – M/W: 5:30 p.m. - 7:00 p.m. \$225 per session

**Pre-requisite:** *Invitation*

PreTeam is a training and performing opportunity for students interested in pursuing circus arts more seriously with the goal of becoming members of the CircusTeam. PreTeam members will work closely with the CircusTeam providing opportunities for mentorship and inspiration.

The purpose of PreTeam is to build the skills and character necessary to become part of CircusTeam. Emphasis will be placed on Acrobatic and Manipulation Fundamentals as well as Performance Skills.

*Instructors: Anthony Courser, Brian P. Dailey, Carlo Gentile, Orlene Gentile, Lizzy Gifford, Sam Sake*

# Winter Registration Form

Session 1: January 9 – March 4, 2012

Student Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  M  F

All (or most) of our contact info is the same as last session. I'm just filling in changes to our info below.

School: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent of Student OR Adult Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_ May we add you to our mailing list?  Yes!  No

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Someone other than the parent/guardian listed above is authorized to pick up my child. Name(s): \_\_\_\_\_

My child has permission to walk home from CircEsteem.

Does Participant have Health or Behavioral Concerns?  Yes  No

If Yes, Please explain: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Referred a Friend : \_\_\_\_\_  Referred by: \_\_\_\_\_ Discount Code: \_\_\_\_\_

## 1 How much circus do you want?

- |  |  |
|--|--|
| <input type="checkbox"/> <b>The Whole Enchilada</b> – All-you-can-circus ..... \$700 | <input type="checkbox"/> <b>Pick 3 Combo</b> – Any three classes ..... \$400 |
| <input type="checkbox"/> <b>The Saturday Platter</b> – 8 AM - 1 PM Saturday          | <input type="checkbox"/> <b>Pick 2 Combo</b> – Any two classes ..... \$300   |
| Choose 1 class from each time slot ..... \$500                                       | <input type="checkbox"/> <b>Just 1 Please</b> – Any single class ..... \$160 |

## 2 Check Box to Select Class(es):

- |  |  |
|--|--|
| <input type="checkbox"/> <b>Tumbling &amp; Mini-Tramp</b> – SAT: 8-9 AM            | <input type="checkbox"/> <b>Chinese Pole</b> – SAT: 11:45 AM -1 PM                 |
| <input type="checkbox"/> <b>Uni – Beyond Beginner</b> – SAT: 8-9 AM                | <input type="checkbox"/> <b>Juggling &amp; Manipulation</b> – SAT: 11:45 AM - 1 PM |
| <input type="checkbox"/> <b>Aerial Arts Level 2</b> – SAT: 8-9 AM                  | <input type="checkbox"/> <b>Physical Comedy</b> – SAT: 11:45 AM -1 PM              |
| <input type="checkbox"/> <b>Aerial Arts Level 1</b> – SAT: 9-10 AM                 | <input type="checkbox"/> <b>Pure Mini-Tramp</b> – SAT: 11:45 AM - 1 PM             |
| <input type="checkbox"/> <b>Chinese Pole</b> – SAT: 9-10 AM                        | <input type="checkbox"/> <b>Stilt Walking</b> – MON: 4-5 PM                        |
| <input type="checkbox"/> <b>Tight Wire</b> – SAT: 9-10 AM                          | <input type="checkbox"/> <b>Aerial Web &amp; Hoop *NEW DAY*</b> – MON: 4-5 PM      |
| <input type="checkbox"/> <b>Unicycle Beginner</b> – SAT: 9-10 AM                   | <input type="checkbox"/> <b>Adult Aerials *NEW*</b> – MON: 6-7:30 PM (\$200)       |
| <input type="checkbox"/> <b>Circus Buffet</b> – SAT: 10-11:30 AM                   | <input type="checkbox"/> <b>Aerial Arts Level 1 &amp; 2 *NEW*</b> – WED: 4-5 PM    |
| <input type="checkbox"/> <b>Aerial Arts 1 &amp; 2 *NEW*</b> – SAT: 11:45 AM - 1 PM | <input type="checkbox"/> <b>Adult Wheel</b> – WED: 7:30-8:45 PM (\$180)            |
| <input type="checkbox"/> <b>Beginner Juggling</b> – SAT: 11:45 AM - 1 PM           |  |

## I need more! On top of that, I'm also registering for:

- |   |   |
|---|---|
| <input type="checkbox"/> <b>CircusTeam</b> – M/W: 5-7:30 PM.....ADD \$300 | <input type="checkbox"/> <b>PreTeam</b> – M/W: 5:00-7:00 PM ..... ADD \$235 |
|---|---|

3 **ADD \$30 Reg Fee** (if after Dec. 31, 2011): \_\_\_\_\_ 4 **ADD the above for Total Due:** \_\_\_\_\_

- I'd like to pay in installments. I'll pay half now to hold my spot. My 2<sup>nd</sup> pmt. will be on: \_\_\_\_\_. My 3<sup>rd</sup> will be by Feb. 11.
- I would like to use sliding scale. [Only applicable to Circus Buffet, CircusTeam, and PreTeam.]
- I have read, completed and signed the Waiver on the reverse.

5 **To complete your Registration:** Save this completed PDF form. E-mail the file to <Rachel@CircEsteem.org>. Or, fax both the Registration Form & Waiver ASAP to (312.528.9206). Then, follow up with payment (which we can accept either by mail or in person). In order to guarantee your spot, make sure your **registration paperwork and payment** are in the CircEsteem office by **December 31, 2011**. Please make checks payable to: CircEsteem.

**CIRCESTEEM GENERAL RELEASE**

**BECAUSE PARTICIPATION IN CIRCESTEEM CLASSES MAY BE DANGEROUS, WE REQUIRE ALL PARTICIPANTS TO ASSUME ALL RISK BY SIGNING THIS GENERAL RELEASE.**

The Undersigned, for himself/herself and personal representatives, assigns, heirs and next of kin or any of them:

- 1. Hereby Releases, waives, Discharges and Covenants Not To Sue CircEsteem and each of its officers, employees and agents all for purposes herein referred to as Releases, from liability to the Undersigned, his/her personal representatives, assigns, heirs and next of kin for all loss or damage and any claim or demands therefore, on account of injury to the person or property or resulting in death of the Undersigned, whether caused by the negligence of Releases or otherwise while the Undersigned is upon the premises of Alternatives and/or a participant in CircEsteem classes; and,
- 2. Hereby Agrees to Indemnify And Save And Hold Harmless the Releasees and each of them for any loss, liability, Damage or cost they may incur (1) due to the presence or any action of the Undersigned in or about Alternatives sand/or (2) due to participation in CircEsteem classes whether caused by the negligence of the Releasees or otherwise.

The Undersigned expressly agrees that the foregoing Release, Waiver and Indemnity Agreement is intended to be as broad and inclusive as is permitted by the law of the State of Illinois and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The Undersigned warrants the following statements are true and correct and understands that the Releasees have relied on them entering into the foregoing Release, Waiver, and Indemnity Agreement and in giving the Undersigned permission to enter the premises of Alternatives and participate in CircEsteem classes:

- 3. No oral representatives, statements or inducements apart from this written agreement have been made.
- 4. The Undersigned individually is fully aware of the risks and hazards inherent in entering upon the premises of Alternatives and hereby elects voluntarily to enter upon said premises, knowing the present condition and knowing that said condition may become more hazardous and dangerous during the time that the Undersigned or either of them are upon said premises. The Undersigned is fully aware that trapeze and circus stunts and all activities associated with participation in CircEsteem classes is a calculated risk sport and contains inherent risks and dangers (including serious injury and death), that no amount of care, caution, instruction, or expertise can eliminate. The participant knows and understands the scope, nature, and extent of the risks involved in the activities contemplated by this agreement. The Undersigned individually hereby voluntarily assumes all risks of loss, damage or injury that may be sustained by them, or any of them, any damage to any property of the Undersigned, or any of them while in or upon the premises of Alternatives or a participant of CircEsteem classes.
- 5. That he/she gives consent to whatever medical care might be provided or available on the premises and Further agrees to conform and comply with all the rules and regulations of CircEsteem and Alternatives.
- 6. HE/SHE HAS READ AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF ALL LIABILITY AND INDEMNITY AGREEMENT.
- 7. Furthermore, I understand that I, or my child (if under 18) may be photographed or video taped for publicity purposes.

**PARTICIPATION IN CIRCESTEEM CLASSES MAY BE DANGEROUS.**

In witness whereof each of the Undersigned has executed this release dated this day:

PLEASE PRINT Student's NAME:

PLEASE PRINT Parent/Guardian's NAME:

PARENT'S SIGNATURE:

Date

Address

City

State

Zip

E-Mail: \_\_\_\_\_ May we add you to our mailing list?  Yes!  No